

**SwimAtlanta John's Creek**  
**SUMMER 2009 Stroke Clinic Schedule**  
**ALL CLINICS WILL COST \$90.00**

**SwimAtlanta Clinics are designed to TEACH, IMPROVE and REFINE:  
 Strokes, Starts, Flip Turns, Physical Fitness and Endurance.**

**\*\*\*Children must know ALL 4 STROKES  
 to be eligible for Stroke Clinics\*\*\***

*Session #1 DATES:*

<b>Mondays ONLY</b> June 1st-- June 29th	<b>Wednesdays ONLY</b> June 3rd-- July 1st	<b>Fridays ONLY</b> May 29th-- June 26th	<b>Saturdays ONLY</b> May 30th-- June 27th	<b>Sundays ONLY</b> May 31st-- June 28th
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*Session #2 DATES:*

<b>Mondays ONLY</b> July 6th-- August 3rd	<b>Wednesdays ONLY</b> July 8th-- August 5th	<b>Fridays ONLY</b> July 10th-- August 7th	<b>Saturdays ONLY</b> July 11th-- August 8th	<b>Sundays ONLY</b> July 12th-- August 9th
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<b>Stroke Technique &amp; Diving</b> 7:00--7:45pm	<b>Stroke Technique &amp; Diving</b> 7:00--7:45pm	<b>Stroke Technique &amp; Diving</b> 11:00--11:45am	<b>Endurance Training</b> 2:00--2:45pm	<b>Stroke Technique &amp; Diving</b> 3:30--4:15pm
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PLEASE REGISTER IN PERSON.  
 CASH OR CHECK ONLY!!! 770-622-1735  
 4050 John's Creek Parkway N. Suwanee, GA 30024

<b>Stroke Technique &amp; Diving</b> 3:00--3:45pm	<b>Endurance Training</b> 4:30--5:15pm
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