



# SwimAtlanta-Cumming Stroke Clinics

(770) 888-0010

### Clinics will focus on:

Preparation for year-round and summer league swimming.  
Stroke maintenance, Endurance, Diving, Turns, Exercise, Fun and games!  
**THESE CLINICS ARE NOT FOR CHILDREN ALREADY ON YEAR-ROUND TEAM.**

### MINIMUM REQUIREMENTS:

Swimmers must be 6 years or older and be able to swim all four competitive strokes 25 yards **NONSTOP**

Swimmers Name \_\_\_\_\_ AGE \_\_\_\_\_

Parent Name \_\_\_\_\_

Primary Phone Number \_\_\_\_\_ Alternate Number \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_

<b>AGES 6 years to 10 years</b>	
<b>Thursdays</b>	<b>Sundays</b>
7:45-8:30pm	12:15-1:00pm
Session 1 Dates (September)	
9/3-9/24	9/13-9/27
<input type="checkbox"/> check to register	<input type="checkbox"/> check to register
Total price \$78	Total price \$59
<input type="checkbox"/> Check to register for BOTH days	
Total price \$117.50	
Session 2 Dates (October)	
10/1-10/29	10/4-10/25
<input type="checkbox"/> check to register	<input type="checkbox"/> check to register
Total price \$97	Total price \$78
<input type="checkbox"/> Check to register for BOTH days	
Total price \$155.5	
Session 3 Dates (November)	
11/5-11/26	11/1-11/29
<input type="checkbox"/> check to register	<input type="checkbox"/> check to register
Total price \$78	Total price \$97
<input type="checkbox"/> check to register for BOTH days	
Total price \$155.50	
Session 4 Dates (December)	
12/3-12/17	NO SUNDAY
<input type="checkbox"/> check to register	CLINICS FOR
Total price \$59	DECEMBER

<b>Ages 11 years-14 years</b>	
<b>Tuesdays</b>	<b>Sundays</b>
7:45-8:30pm	11:30am-12:15pm
Session 1 Dates (September)	
9/1-9/29	9/13-9/27
<input type="checkbox"/> check to register	<input type="checkbox"/> check to register
Total price \$97	Total price \$59
<input type="checkbox"/> check to register for BOTH days	
Total Price \$136.5	
Session 2 Dates (October)	
10/6-10/27	10/4-10/25
<input type="checkbox"/> check to register	<input type="checkbox"/> check to register
Total price \$78	Total price \$78
<input type="checkbox"/> check to register for BOTH days	
Total price \$136.50	
Session 3 Dates (November)	
11/3-11/24	11/1-11/29
<input type="checkbox"/> check to register	<input type="checkbox"/> check to register
Total price \$78	Total price \$97
<input type="checkbox"/> check to register for BOTH days	
Total price \$155.50	
Session 4 Dates (December)	
12/1-12/15	NO SUNDAY
<input type="checkbox"/> check to register	CLINICS FOR
Total price \$59	DECEMBER